

Letter of Expectation



South Warwickshire
NHS Foundation Trust

Date:

Dear

Following a review meeting of your care, the Trust has agreed the following to support you and keep you safe:

We will make sure we are providing you with the correct medication to treat but cannot ensure we are doing this if you use unknown illicit drugs, as we do not know the impact these drugs may be having on your treatment or the medication we are giving you.

The Trust encourages you to talk to staff if you are struggling to cope both physically and psychologically and they will then discuss with you if there is any other medication you feel you need or arrange someone to talk to.

As part of this plan, you will agree to the following points:

- You will only take prescribed medication given to you by hospital staff.
- You will not take any other medication illicit or otherwise, doing so may require a review of your prescribed medications
- You understand the risk to yourself by taking unknown substances.
- You understand that if we believe your behaviour has changed or you appear to be under the influence of an unknown substance, to protect and keep you safe, we may need to ascertain this by undertaking a urine or blood test which could result in consequences.

We are aware that your stay in hospital maybe longer than you expected and we understand that the days and nights can be long however, the Trust's aim is to try and minimise the amount of time patients spend off the ward as we need to be too able to support you at all times – You need to liaise with the ward staff when leaving the ward, as in the case of a fire or emergency we need to know your whereabouts.

Whilst visitors are encouraged, we need to ensure the safety of all patients and you understand that accepting illicit drugs or being in possession of illicit drugs whilst in the hospital grounds is both dangerous to your health and treatment.

The supplying of illicit substances is illegal and any persons suspected of supplying illicit substances to any patient or person in hospital will be reported to the police.

Ultimately, the Trust wants the best outcome for you and now you have agreed this plan, we hope your treatment will continue to improve your situation and you will be able to return home shortly.

Yours sincerely

Sam Adaway
Substance Misuse Practitioner